

Burbage Junior School
PE Policy

Agreed date: April 2017

Next review: April 2019

Introduction

At Burbage Junior School, we believe that Physical education and sport have a vital role to play in the physical, social, emotional and intellectual development of children. Physical education and sport are important in giving children the knowledge, understanding and the tools to make informed choices about healthy living and have a positive impact on their own health and well-being. The physical education curriculum at Burbage Junior School aims to provide for pupils' increasing self-confidence through an ability to manage themselves successfully in a variety of situations. Children will have the opportunity to take part in a wide range of sports and physical activities, carried out in a safe and supportive environment, where effort and hard-work, as well as success, is celebrated and enjoyment and working together is promoted.

Aims

- To provide a curriculum that satisfies the requirements of the National Curriculum
- To provide an environment in which pupils enjoy and are committed to PE and sport.
- To provide all pupils, irrespective of ability, opportunities to experience and succeed in positive, enjoyable and stimulating PE and sport.
- To provide opportunities, within the school (intra) and between schools (inter), for pupils to participate in a range of competitive, creative and challenge-type activities, as individuals and as part of a team.
- To develop competence in the fundamental movement skills and control in gross and fine motor skills.
- To provide opportunities for pupils to demonstrate and develop their knowledge, understanding and competence.
- To provide challenges to enable pupils to select, use, link and refine skills with regards to tactics and composition.
- To enable pupils to communicate, solve problems and make decisions.
- To be able to evaluate performance and act upon constructive criticism.
- To ensure pupils understand that physical activity is an important part of a healthy lifestyle, including social and emotional well-being; both in and out of school, now and in the future.

- To promote fitness and a healthy lifestyle by understanding the effects of exercise on the body and the importance of developing strength, endurance and flexibility.
- To appreciate and promote the value of safe exercising.
- To provide meaningful links to other areas of the curriculum and to national and international agendas.
- To provide an out of school programme of activities which enables pupils to extend and enrich curriculum provision.

Curriculum

At Burbage Junior School, we use the Val Sabin Scheme of Work for KS2 to ensure a balanced, progressive PE Curriculum. This scheme covers the statutory requirements of the National Curriculum. Lessons are blocked in units of work to promote greater depth of understanding, developing skills, contextual application of these skills and the ability to perform reflectively. Lessons within the scheme of work are adapted to meet the needs of each individual class and are supplemented with ideas and activities from other sources (e.g. TOPs cards).

Following the Val Sabin Scheme ensures that our pupils apply and develop a range of skills across the PE strands: games, gymnastics, dance and athletics. We also enrich children's experiences through opportunities for outdoor and adventurous activities.

Swimming

The Department for Education makes clear that pupils must be given swimming lessons and taught to swim 25m unaided. Therefore swimming lessons are compulsory for all pupils at Burbage Junior School. Children in Years 3, 4 and 5 have weekly swimming lessons which develop their strokes and styles as well as discussing pool safety. Year 6 children are given weekly water safety and rescue lessons in the Spring Term. Lessons are taught by qualified members of staff.

Extra-Curricular

- A variety of early morning, lunchtime and after school clubs regularly provide additional opportunities for extending the PE curriculum.
- The extra-curricular timetable is frequently changed to provide new sports and opportunities. Pupils have a say in which new clubs are brought in.
- Clubs provide our children with opportunities to take on coaching roles and to represent the school in competitions against other schools.
- The deployment of specialist coaches enhances children's skills and furthers their talents.
- Clubs offer pathways and provide links into sporting clubs in the local area, allowing pupils to further their sporting development.

- Clubs provided focussed activities for our children, helping to establish healthy lifestyles.

Differentiation

Lessons provide good quality experiences that are suitably challenging for all pupils. Planning for differentiation is based on the STEP principal (making changes to the space, the task or time, equipment and people). Flexibility in outcome is also allowed for - encouraging the pupils to compare their own improvements and setting their own targets. As well, the children are taught to consider what they themselves might need to do to simplify or challenge and so initiate their own differentiation.

Equality, Diversity and Accessibility

All pupils will access a broad and balanced PE curriculum, which meets the specific needs of individuals and groups of people, including those who have diverse special educational needs, those who are disabled, those who have English as an additional language and those who are gifted and talented. This will be carried out by effective lesson planning, delivery and assessment and using support staff and appropriate resources.

SMSC

PE offers many opportunities that support the social development of our children. Groupings allow children to work together and give them the chance to develop respect for the abilities of other children through collaborative and co-operative work, while gaining a better understanding of themselves.

Contribution of PE to teaching in other curriculum areas

Links are made to other areas of the National Curriculum through the teaching of PE at Burbage Junior School.

Safeguarding

All adults working with children in school are to be checked for appropriate DBS clearance. This includes coaches working for a term at a time as well as staff working on a one off basis or with clubs. Children in Year 5 and 6 are not expected to change together.

PE Clothing

The children have a PE uniform as detailed in the school prospectus. If a pupil repeatedly forgets his or her PE kit, a letter is sent

home by the class teacher. The school has sets of spare PE clothes to enable those who do forget their kit, access to the lessons.

Hair

All long hair is tied back for PE lessons. There are spare bands in school to enable access to the lessons for those who forget.

Resources

An annual audit of PE resources is undertaken by the PE Subject Leader, checking availability, condition and appropriateness. Action is taken where necessary. Staff and pupils are encouraged to look after resources by using the equipment correctly and ensuring that the resources are returned and stored in the right place. Also, the pupils are taught to carry and handle resources safely.

Inclement weather

Where weather renders an outdoor lesson non-viable, every effort is made to move the lesson into the hall. The lesson may be adapted or suitable indoor games played instead.

The Sports Premium

The Sports Premium is used to support our School's PE and Sport objectives. The premium helps to promote sustainable outcomes: high quality PE lessons and extra-curricular opportunities which enable all pupils to want to regularly participate in physical activity and even excel, both now and in the future. The expenditure is posted annually on the school's website. A report is also made annually to the school's Governors and its impact is measured as described above.